What is FSH?

FSH muscular dystrophy, or FSHD, is a disease that results in progressive deterioration of nearly all skeletal muscle including the **f**ace, **s**houlders and upper arms (**h**umerus).

Like one in four people with FSHD, 18 year-old Jaya requires a wheelchair for basic mobility.

My dream is that one day I will walk like everyone else. I'm sure that day will come because of all the people that are helping and keep saying "Yes, we will make it." - Jaya

Get Involved!

Your contribution will transform the future for people living with FSHD.
To donate an item for our upcoming auction or to learn more about how you can make a difference, visit:
fshfriends.org

friends of FSH research

send us an email:
connect@fshfriends.org

or find us on social media:
facebook.com/FSHresearch
and
twitter.com/FSHresearchorg

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In Pursuit of a Cure

Annual Gala
Dinner & Auction

February 3, 2024

Bellevue Hyatt

Creating a future where a diagnosis of FSHD is followed by "...we have a treatment."

Advancing Discovery

Over $7 million invested in research to accelerate the discovery of a treatment or cure.

All funding comes from our community: friends, neighbors and local businesses.

We collaborate with researchers to ensure funding drives science where it's needed most.

$ Where did your last year's contributions go?

$239,000 - Fred Hutch Cancer Center

$167,000 - Seattle Children's

$109,000 - U of Kansas/U of Rochester

$96,800 - University College London

$45,000 - Altay Therapeutics

$34,000 - King's College London

$23,500 - Saint Louis University

100% of the funds raised from your donations goes to research

Acting Globally

"The progress thus far has done wonders for my spirits and my soul, and gives me hope to press on until that fantastic day when a cure is finally found" —Jason D.

Transforming Futures

$170,000 raised for research at 1st annual auction

First research project funded

2005

Friends of FSH Research-funded group wins $6.3M NIH grant

Researchers confirm DUX4 gene causes FSHD

2010

First Clinical Trial

2019

Research Funding Exceed $6.6M

2022